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# "Multiple Self: The Relational Body and Imagination"

<u>Abstract</u>: Personhood understood as the multiple self roots the conversation about imagination fully in the sensate, relational body. The multiple self understood from different vantage points -- through learning and postcolonial theories, psychoanalytic and trauma theories, feminist and womanist theologies, and interpersonal neurobiology -- grounds the understanding of the *play* of imagination, inter-psychically and inter-relationally, and therefore creates a learning and living environment capable of exploring and negotiating differences of race, gender and class.

<u>Methodology</u>: Interdisciplinary theoretical analysis draws upon qualitative research that is grounded in the phenomenological exploration of community from one pastor's experience of *koinonia* in the congregation.

#### I. Multiple Self: Definitions

- A. Psychoanalytic and trauma: splitting.
- B. Postcolonial: hybrid identity.
- C. Womanist: bodily lived experience of racism, sexism, and class.
- D. Feminist: discourse theory and subjectivities.
- E. Interpersonal Neurobiology: attachment theory, emotion and shifting mental states.
- F. Integration of Multiple Self: narrative re-authoring of attachment histories.

### II. Relational Body: Emergent and Complex

- A. Stance of the relational body: curious, open, accepting, loving.
- B. Alterity and bodily sensations: the play of anxiety and desire.
- C. Making Meaning: images, feelings and thoughts.

#### III. Classroom: Space of Imaginative Play with Self and Other

- A. Transitional Space that is "safe enough": liminal, interstitial, and 3<sup>rd</sup> space.
  - 1. Dynamics of recognition and misrecognition.
  - 2. Trinity and Table as biblical images of hospitality.
- B. Emotional vulnerability of self: enlivening and deadening emotions.
- C. Play: engages images and acknowledges plural paths of knowing and participating.

#### IV. Spirit: Energy of Intra- and Inter-relational Embodied Space

- A. Desire as embodied yearning that connects, disrupts, transforms and, at the same time, is not satisfied.
- B. Immanent and transcendent power of God is simultaneously flattened and stirred up.
- C. Psychic reality of love and hatred in projection: role of denial and repression in shaping desire.

## V. New Creation: Desire in the Relational Body of the Multiple Self

- A. Integration: movement and joy.
- B. Practices: mindful awareness and iconic play.

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